



# You don't have to do this alone.

When caring for someone you love begins to feel overwhelming, support at home can make all the difference - helping you feel reassured they are safe, comfortable and cared for, while giving you the space to get back to being family.

**DISCOVER OUR HOME CARE SUPPORT**



## Support that fits around your life

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When things start to feel overwhelming, having the right support in place can make everyday life feel more manageable again.

Our home care services are designed to help your loved one continue living safely in the place they know best - with care that fits around their life, routines and preferences.

We're here to provide practical support, reassurance and peace of mind - in a way that works for you both.

## It's not always easy to know where to start

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We understand that it can be difficult to know when the right time is to reach out. You might be trying to balance caring alongside work and family life, finding it more difficult to support your loved one safely at home, or starting to notice changes such as forgetfulness, confusion or unsteadiness.

You may be wondering:

- Is now the right time to ask for help?
- What support is available?
- How will this work for us?

That's completely normal.

We're here to listen, guide and support you - with no pressure, no expectations, and at a pace that feels comfortable for you.

## Getting started is simple

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### **Step 1 - A friendly conversation**

We take the time to understand your situation, answer your questions, and talk through how we can help make life easier.



### **Step 2 - A home visit and assessment**

If you decide to take the next step, we'll arrange a visit at your home or in hospital at a time that suits you - always with no pressure or obligation.



### **Step 3 - A care plan built around you**

Together we will create a care plan completely personalised to your needs, preferences and daily routines.



### **Step 4 - Care begins**

Care begins, delivered by a consistent and trusted team you can rely on.



### **Step 5 - Ongoing support**

We regularly review and adapt your care as needs change, so you always feel supported.

Alongside home care, we can also explore options such as **live-in care**, **day care** or short **respite breaks**, if and when they feel right for you - giving you extra flexibility and reassurance.

## How we can support you

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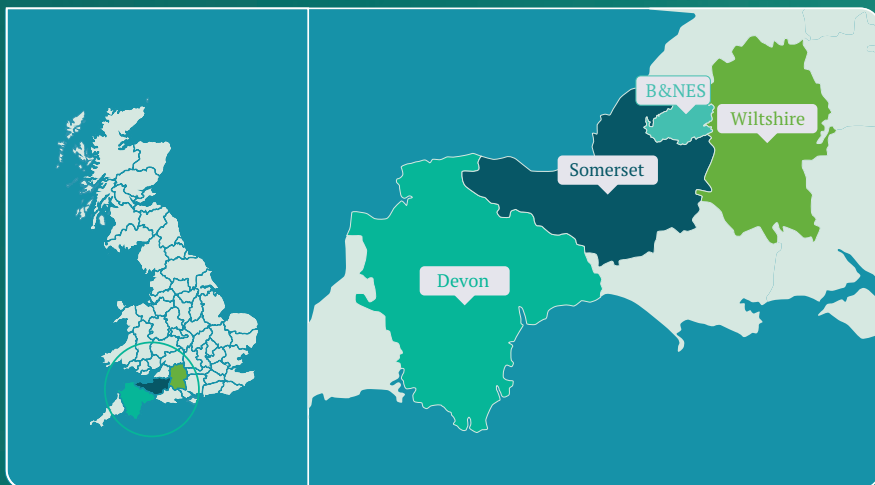
We're here to help in ways that make everyday life easier, with support that can be as little or as much as you need, including:

- ✓ Personal care and medication support
- ✓ Help around the home and meal preparation
- ✓ Companionship and regular visits
- ✓ Dementia care and specialist support
- ✓ Respite care for families and carers
- ✓ Short-term recovery or ongoing care

## Home care services near you

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Somerset Care services are available in **Devon, Somerset, Wiltshire, Bath and North East Somerset.**





## Still have questions?

Wherever you are on your care journey, you don't have to have all the answers. Whether you're just starting to explore support, or need help now, we're here to make things simple, supportive and reassuring from the very first step.

A little extra help can make a big difference.  
Get in touch for a friendly, no-obligation chat today.



Not for profit,  
all for you.

Regulated by



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